

2026 Masterclass: Strathcarron

5 CPD reference: in progress

Friday, 6th November 2026

Strathcarron Hospice, Fankerton, Denny, Stirlingshire FK6 5HJ

Facilitators: Dr Mary Miller & Dr Sally Boa

09.00 **Coffee and registration**

09:20 **Welcome and Introduction**

09:30 **Managing constipation (Honor Blackwood & Dr Mary Miller)**

Case discussion in small groups, nutrition in management and advances in pharmacological management.

10:15 **Sialorrohea (Dr Mary Miller)**

This can be a difficult symptom. Will discuss taking a history to inform choice of intervention.

10:45 **Myofascial pain (Dr Mary Miller)**

An important cause of pain that is unresponsive to pharmacological management.

11:15 **Coffee break**

11:45 **Management of anaemia (Dr Mary Miller)**

When to do check bloods, when and how to intervene in palliative care patients.

12:15 **From the journals (Dr Mary Miller)**

A few key articles to feed into your practice.

12:45 **Lunch**

13:45 **Seizures at the end of life (Dr Mary Miller)**

Case discussion in small groups and anti-epileptic drugs in a palliative care population.

14:30 **The Strathcarron lecture 2026 (Dr Anna Sutherland)**

The Scottish guidelines supporting your practice

15:15 **Feedback & closing remarks**

15:30 **End of Day**