

The Oxford Advanced Pain and Symptom Management Course 2025

July 3rd & 4th, 2025

Blavatnik School of Government

Walton Street, Oxford, OX2 6GG

CPD Credits: 12 credits (application in progress)

Day 1: Thursday 3rd July Chairs: Dr Victoria Bradley and Dr Miller	Day 1: Friday 4th July Chairs: Dr Victoria Bradley and Dr Miller
08:15 Registration (Coffee and Tea)	08:30 Registration (Coffee and Tea)
08:45 Welcome and Introduction	09:00 Learning from Day 1
09:00 Robert Twycross Lecture By Dr Kathryn Mannix <i>CBT approach in existential distress</i>	09:10 Dr. Sarah Bishop Browne <i>Overview of the management of oral health in the palliative care population</i>
10:00 Dr. Paul Howard <i>Latest updates from the Palliative Care Formulary</i>	10:10 Dr. Jessica Lee <i>The evidence base on problematic opioid use</i>
11:00 Coffee Break	11:10 Coffee Break
11:30 Prof. Matt Maddocks <i>Non-pharmacological management of breathlessness</i>	11:40 Dr. Victoria Hedges <i>Opioid-induced neurotoxicity: a review of the literature and clinical practice</i>
12:30 Lunch (St Anne's College Dining Hall)	12:40 Lunch (St Anne's College Dining Hall)
13:45 Prof. Jason Boland <i>Management of nausea and gastrointestinal obstruction</i>	14:00 Dr. Victoria Bradley <i>Overview of the current evidence for the management of bone pain</i>
14:45 Dr. Kirsten Smith <i>Prolonged grief disorder in the context of current evidence</i>	15:00 Dr. Mary Miller <i>From the journals</i>
15:45 Coffee Break	16:00 Dr. Mary Miller <i>Learning from the course</i>
16:15 Dr. Ariel Dempsey <i>Palliating Uncertainty: Tools from the Pragmatism of William James, MD</i>	16:15 End of Day 2
17:30 Closing Remarks	
17:45 End of Day 1	

Dr Kathryn Mannix, Consultant palliative medicine and author
Cognitive behavioural therapy approach in existential dread.

Dr Paul Howard, Consultant palliative medicine and Editor in chief of the Palliative Care Formulary
Latest updates from the Palliative Care Formulary.

Prof Matthew Maddocks, Professor of Health Services Research and Rehabilitation, Kings College London
Non-pharmacological management of breathlessness.

Prof Jason Boland, Professor and Honorary Consultant in Palliative Medicine, Wolfson Palliative Care Research Centre, Hull York Medical School, University of Hull, UK
The management of nausea and gastrointestinal obstruction.

Dr Kirsten Smith, Department of experimental psychology, University of Oxford
Dr Smith will present the results of her work on prolonged grief disorder, setting this work in the context of the current evidence base for grief. Dr Smith will also describe her upcoming intervention study.

Dr Ariel Dempsey, DPhil student, Faculty of theology and religion, University of Oxford
Dr. Dempsey will introduce an approach to uncertainty called 'Palliating Uncertainty,' which brings together William James' pragmatism with the ethos of palliative care. From this perspective, uncertainty is not always something to be 'cured' with more knowledge or technology, but something to palliate and live with.

Dr Sarah Bishop Browne, Consultant palliative medicine, New South Wales, Australia
Overview of the management of oral health in the palliative care population. Dr Bishop Browne will speak about oral candidiasis, considering management strategies in a time of antimicrobial stewardship.

Dr Jessica Lee, Clinical Fellow telehealth, Marymount Hospice, Republic of Ireland
Dr Lee will present the evidence base on problematic opioid use as well as the results of the international study she leads, which looks at clinician awareness of the predictors of problematic use.

Dr Victoria Hedges, Consultant palliative medicine, Oxford
Dr Hedges will summarise the literature on the prevalence, symptoms and risk factors for opioid-induced neurotoxicity. She will use this evidence and clinical data on OIN to discuss approaches to minimizing risk and managing OIN.

Dr Victoria Bradley, Consultant and Clinical Lead of the department of palliative care, Oxford
An overview of the current evidence for the management of metastatic bone pain and then a description of targeted service improvement and evaluation of that initiative in Oxford University Hospitals.

Dr Mary Miller, Consultant palliative medicine and course lead
Dr Miller will review the top 2024/25 publications on topics from the 2024 Oxford Advanced Courses. She will present the frontrunners, providing you with a reading list to support both your personal learning and your journal clubs for 2025/26.