

The Oxford Advanced Pain and Symptom Management Course 2025

June 5th & 6th, 2025

Dame Margaret Barbour Building

Newcastle University, King's Gate, Newcastle Upon Tyne NE1 7RU

CPD Credits: 12 credits (application in progress)

Day 1: Thursday 5th June Chairs: Dr Bourke, Dr Hughes, and Dr Miller	Day 1: Friday 6th June Chairs: Dr Bourke, Dr Hughes, and Dr Miller
08:15 Registration (Coffee and Tea)	08:30 Registration (Coffee and Tea)
08:45 Welcome and Introduction	09:00 Learning from Day 1
09:00 Dr. Sarah Bishop Browne <i>Overview of the management of oral health in the palliative care population</i>	09:10 Dr. Mary Miller <i>From the journals</i>
10:00 Dr. Victoria Bradley <i>Overview of the current evidence for the management of bone pain</i>	10:10 Dr. Jessica Lee <i>The evidence base on problematic opioid use</i>
11:00 Coffee Break	11:10 Coffee Break
11:30 Prof. Jason Boland <i>Management of nausea and gastrointestinal obstruction</i>	11:40 Dr. Victoria Hedges <i>Opioid-induced neurotoxicity: a review of the literature and clinical practice</i>
12:30 Lunch Break	12:40 Lunch Break
13:30 Prof. Matt Maddocks <i>Non-pharmacological management of breathlessness</i>	13:40 Dr. Paul Howard <i>Latest updates from the Palliative Care Formulary</i>
14:30 Dr. Kirsten Smith <i>Prolonged grief disorder in the context of current evidence</i>	14:40 Robert Twycross Lecture By Dr Kathryn Mannix <i>CBT approach in existential distress</i>
15:30 Coffee Break	15:40 Dr. Mary Miller <i>Learning from the course</i>
16:00 Dr. Ariel Dempsey <i>Palliating Uncertainty: Tools from the Pragmatism of William James, MD</i>	16:00 End of Day 2
17:15 Closing Remarks	
17:30 End of Day 1	

Dr Sarah Bishop Browne, Consultant palliative medicine, New South Wales, Australia

Overview of the management of oral health in the palliative care population. Dr Bishop Browne will speak about oral candidiasis, considering management strategies in a time of antimicrobial stewardship.

Dr Victoria Bradley, Consultant and Clinical Lead of the department of palliative care, Oxford

An overview of the current evidence for the management of metastatic bone pain and then a description of targeted service improvement and evaluation of that initiative in Oxford University Hospitals.

Prof Jason Boland, Professor and Honorary Consultant in Palliative Medicine, Wolfson Palliative Care Research Centre, Hull York Medical School, University of Hull, UK

The management of nausea and gastrointestinal obstruction.

Prof Matthew Maddocks, Professor of Health Services Research and Rehabilitation, Kings College London

Non-pharmacological management of breathlessness.

Dr Kirsten Smith, Department of experimental psychology, University of Oxford

Dr Smith will present the results of her work on prolonged grief disorder, setting this work in the context of the current evidence base for grief. Dr Smith will also describe her upcoming intervention study.

Dr Ariel Dempsey, DPhil student, Faculty of theology and religion, University of Oxford

Dr. Dempsey will introduce an approach to uncertainty called 'Palliating Uncertainty,' which brings together William James' pragmatism with the ethos of palliative care. From this perspective, uncertainty is not always something to be 'cured' with more knowledge or technology, but something to palliate and live with.

Dr Mary Miller, Consultant palliative medicine and course lead

Dr Miller will review the top 2024/25 publications on topics from the 2024 Oxford Advanced Courses. She will present the frontrunners, providing you with a reading list to support both your personal learning and your journal clubs for 2025/26.

Dr Jessica Lee, Clinical Fellow telehealth, Marymount Hospice, Republic of Ireland

Dr Lee will present the evidence base on problematic opioid use as well as the results of the international study she leads, which looks at clinician awareness of the predictors of problematic use.

Dr Victoria Hedges, Consultant palliative medicine, Oxford

Dr Hedges will summarise the literature on the prevalence, symptoms and risk factors for opioid-induced neurotoxicity. She will use this evidence and clinical data on OIN to discuss approaches to minimizing risk and managing OIN.

Dr Paul Howard, Consultant palliative medicine and Editor in chief of the Palliative Care Formulary

Latest updates from the Palliative Care Formulary.

Dr Kathryn Mannix, Consultant palliative medicine and author

Cognitive behavioural therapy approach in existential dread.