

# The Oxford Advanced Pain and Symptom Management Course 2025

July 3rd & 4th, 2025

Blavatnik School of Government

Walton Street, Oxford, OX2 6GG

CPD Credits: 12

Day 1: Thursday 3rd July Chairs: Dr Victoria Bradley and Dr Miller	Day 1: Friday 4th July Chairs: Dr Victoria Bradley and Dr Miller
08:15 <b>Registration (Coffee and Tea)</b>	08:30 <b>Registration (Coffee and Tea)</b>
08:45 <b>Welcome and Introduction</b>	09:00 <b>Learning from Day 1</b>
09:00 <b>Dr. Sarah Bishop Browne</b> <i>Overview of the management of oral health in the palliative care population</i>	09:10 <b>Dr. Mary Miller</b> <i>From the journals</i>
10:00 <b>Dr. Paul Howard</b> <i>Latest updates from the Palliative Care Formulary</i>	10:10 <b>Dr. Jessica Lee</b> <i>The evidence base on problematic opioid use</i>
11:00 <b>Coffee Break</b>	11:10 <b>Coffee Break</b>
11:30 <b>Dr. Matt Maddocks</b> <i>Non-pharmacological management of breathlessness</i>	11:40 <b>Dr. Victoria Hedges</b> <i>Opioid-induced neurotoxicity: a review of the literature and clinical practice</i>
12:30 <b>Lunch (St Anne's College Dining Hall)</b>	12:40 <b>Lunch (St Anne's College Dining Hall)</b>
13:45 <b>Prof. Jason Boland</b> <i>Management of nausea and gastrointestinal obstruction</i>	14:00 <b>Dr. Victoria Bradley</b> <i>Overview of the current evidence for the management of bone pain</i>
14:45 <b>Dr. Kirsten Smith</b> <i>Prolonged grief disorder in the context of current evidence</i>	15:00 <b>TBC</b>
15:45 <b>Coffee Break</b>	<b>TBC</b>
16:15 <b>Dr. Ariel Dempsey</b> <i>Palliating Uncertainty: Tools from the Pragmatism of William James, MD</i>	16:00 <b>Dr. Mary Miller</b> <i>Learning from the course</i>
17:30 <b>Closing Remarks</b>	16:15 <b>End of Day 2</b>
17:45 <b>End of Day 1</b>	

**Dr Sarah Bishop Browne, Consultant palliative medicine, New South Wales, Australia**

Overview of the management of oral health in the palliative care population. Dr Bishop Browne will speak about oral candidiasis, considering management strategies in a time of antimicrobial stewardship.

**Dr Paul Howard, Consultant palliative medicine and Editor in chief of the Palliative Care Formulary**

Latest updates from the Palliative Care Formulary.

**Dr Matt Maddocks**

Non-pharmacological management of breathlessness.

**Prof Jason Boland, Professor and Honorary Consultant in Palliative Medicine, Wolfson Palliative Care Research Centre, Hull York Medical School, University of Hull, UK**

The management of nausea and gastrointestinal obstruction.

**Dr Kirsten Smith, Department of experimental psychology, University of Oxford**

Dr Smith will present the results of her work on prolonged grief disorder, setting this work in the context of the current evidence base for grief. Dr Smith will also describe her upcoming intervention study.

**Dr Ariel Dempsey, DPhil student, Faculty of theology and religion, University of Oxford**

Dr. Dempsey will introduce an approach to uncertainty called 'Palliating Uncertainty,' which brings together William James' pragmatism with the ethos of palliative care. From this perspective, uncertainty is not always something to be 'cured' with more knowledge or technology, but something to palliate and live with.

**Dr Mary Miller, consultant palliative medicine and course lead**

Dr Miller will review the top 2024/25 publications on topics from the 2024 Oxford Advanced Courses. She will present the frontrunners, providing you with a reading list to support both your personal learning and your journal clubs for 2025/26.

**Dr Jessica Lee, Clinical Fellow telehealth, Marymount Hospice, Republic of Ireland**

Dr Lee will present the evidence base on problematic opioid use as well as the results of the international study she leads, which looks at clinician awareness of the predictors of problematic use.

**Dr Victoria Hedges, Consultant palliative medicine, Oxford**

Dr Hedges will summarise the literature on the prevalence, symptoms and risk factors for opioid-induced neurotoxicity. She will use this evidence and clinical data on OIN to discuss approaches to minimizing risk and managing OIN.

**Dr Victoria Bradley, Consultant and Clinical Lead of the department of palliative care, Oxford**

An overview of the current evidence for the management of metastatic bone pain and then a description of targeted service improvement and evaluation of that initiative in Oxford University Hospitals.

**TBC Speaker**

TBC Topic description