

e-ELCA: What a specialist in palliative care needs to know

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Objectives

- Know about the background of e-ELCA
- Know about how the e-ELCA programme is set up
- Be able to access e-ELCA
- Know about e-ELCA learning paths and specialist content
- Learn about ways of utilising e-ELCA



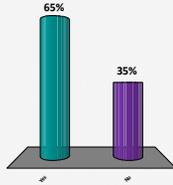
How Do You Utilise e-ELCA?

- 3 questions to follow
- Answer using your voting controllers
- Results will be displayed after polling (but you will not be identified)



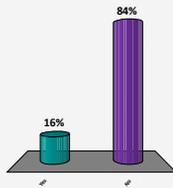
Were you aware of the e-ELCA programme before this presentation?

- A. Yes
- B. No



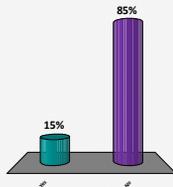
Have you used e-ELCA in the last year for your own learning?

- A. Yes
- B. No



Have you used e-ELCA in the last year as a tool when educating others?

- A. Yes
- B. No



Activity

- Please turn to the person next to you and identify a question you would like answered during presentation

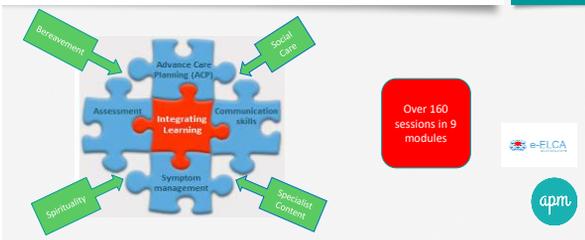


e-ELCA: Background

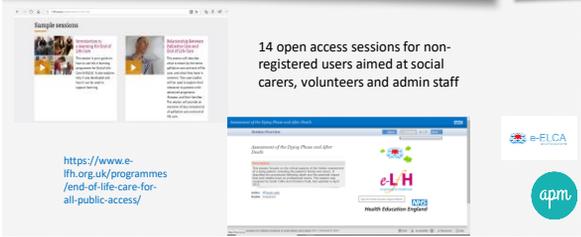
- ELCA: End of life care for all
- Commissioned by the Department of Health and delivered by HEE e-Learning for Healthcare (e-LH) in partnership with the Association for Palliative Medicine of Great Britain and Ireland (APM)
- Developed to support the implementation of the Department of Health's national End of Life Care Strategy
- Completely reviewed and updated to support Priorities for Care of the Dying Person



Current Setup



Open Access



14 open access sessions for non-registered users aimed at social carers, volunteers and admin staff

<https://www.e-lfh.org.uk/programmes/end-of-life-care-for-all-public-access/>

e-ELCA logo and apm logo

Access

- Login via e-Lfh hub/e-ELCA webpage
- Open Athens
- Hospice/care home code
- Electronic Staff Record (ESR)
- eIntegrity

e-ELCA logo and apm logo

e-Lfh Hub



OpenAthens login fields: Username, Password, Remember me?, Forgot your username or password?

Contributing to the revolution in healthcare training in the UK

System requirements

<https://portal.e-lfh.org.uk/account/logon>

e-ELCA logo and apm logo

e-LfH Hub

- An e-learning platform designed specifically for users
 - Easy to register
 - Easy to launch content
 - Easy to show evidence of their learning
 - Works on smartphones and tablets
- Access to e-LfH programmes via login, OpenAthens or hospice/care home code



e-ELCA Webpage

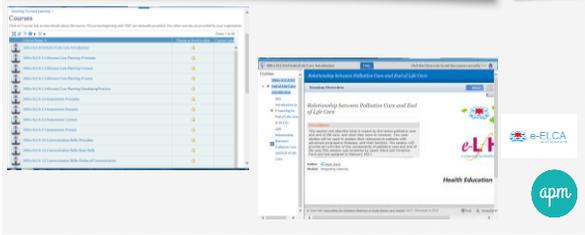


Access and Site Tour

- <https://portal.e-lfh.org.uk/login>



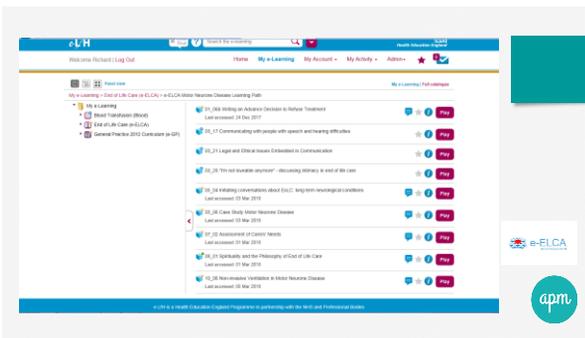
ESR (Electronic Staff Record)



Learning Paths

- "How do I best find the sessions that are helpful for me?"
- Grouped as
 - Clinician group e.g. Ambulance personnel
 - Condition e.g. MND
 - Organisation e.g. ULHT
- (Another way to check if a session is suitable is to check the 'audience')





Specialist Content

- e-ELCA originally designed for the wider workforce...
- More recent work has developed content that is targeted at specialists in palliative care
 - Module 10
 - Specialist palliative care learning path
 - CPD credits



The screenshot shows a user interface for e-ELCA. At the top, there's a navigation bar with 'Home', 'My e-Learning', 'My Account', 'My Activity', and 'Admin'. Below this, there's a 'My e-Learning' section with a list of courses. Each course entry includes a title, a description, and a 'Last accessed' date. The courses listed are:

- 10_10 Introduction to End of Life Care (Last accessed: 22 Dec 2018)
- 10_11 Most Favours in Court of Law (Last accessed: 15 Dec 2018)
- 10_12 Not Lawful Absence? (Last accessed: 16 Jan 2019)
- 10_13 The Law in a Modern Context (Last accessed: 23 Dec 2017)
- 10_14 The Medicines 1: General and Nursing Care of a Fractured or Dislocated Limb (Last accessed: 23 Jan 2019)
- 10_15 Non-Invasive Ventilation in Acute Respiratory Distress (Last accessed: 16 Jan 2019)



Specialist Palliative Care Learning Path

This learning path utilizes the specialty training curriculum for palliative medicine <https://www.aemc.uk/2018/02/02/2018-palliative-medicine-curriculum-amendments-2014-141015.pdf> 6315 0813.pdf

The learning path identifies which e-ELCA sessions correspond to areas of the palliative medicine curriculum. The details of this are listed below:

e-ELCA Session Title	Curriculum Area
1.05 - Advanced decisions to refuse treatments: Principles	8.3 - Aspects of the Law Particularly Relating to Palliative Medicine Practice
1.07 - Mental Capacity Act - Aims and principles	7.2 - Theoretical Ethics and Applied Ethics in Clinical Practice of Palliative Medicine
1.17 - Developing ACP in your organisation	8.3 - Aspects of the Law Particularly Relating to Palliative Medicine Practice
2.09 - Bereavement assessment and support	12.6 - Managing a Palliative Care Service
3.23 - "Please Don't Tell My Husband"	4.5 - Grief and Bereavement
3.24 - "How does one do this to me?" - managing anger	4.2 - Psychological Responses of Patients and Carers to Life-Threatening Illness and Loss
3.25 - "I don't believe you, I'm not ready to die!" Managing Denial	4.2 - Psychological Responses of Patients and Carers to Life-Threatening Illness and Loss
3.26 - "I'm not terrible anymore" - discussing intimacy in end of life care	4.2 - Psychological Responses of Patients and Carers to Life-Threatening Illness and Loss
4.17 - Management of nausea and vomiting	2.10 - Management of Gastrointestinal Symptoms
4.21 - Management of seizures	2.14 - Management of Emergencies in Palliative Medicine
4.29 - Symptom Management in People with	3.3 - Communication with Patients and Carers



Blended Learning - Examples

- Small group sessions – Use of e-ELCA session before or after
- Face-to-face reflection on learning from e-ELCA
- Use of local case studies to supplement online learning
- Use of e-ELCA to identify further learning objectives or help produce a PDP



Blended Learning - Benefits

- Flexible
- Bespoke
- Learning styles

- Effective?



Blended Learning - Benefits

- Limited evidence in palliative care

- Beneficial for nursing home staff in delivering end of life care (Farrington 2014)
- Helps education of the dying process in medical students (Tse and Ellman 2017)

- Anecdotally this approach is a useful approach to deliver end of life care education



Using e-ELCA – Case Study 1



Professor Christina Faull (LOROS) teaching resuscitation decision-making

"I use session 3.30: Discussing 'do not attempt CPR' decisions as the structure for a 3 hour classroom session to enhance nurses and doctors skills in having discussions with patients and families about resuscitation. I send participants the detail of the session in advance but very few of them have looked it at! The group take it in turns to read slide content aloud and then I facilitate debate and discussion and relate points to previously established learning needs within the group. The case studies provide excellent materials to apply the theory and the inbuilt quiz elements aids confidence building.

I find it a fun way of teaching. I can add my critique of the materials to those of other participants and apply the information to local contexts including actual DNA CPR forms and recent events. The feedback from students is positive and this session I hope inspires and enables them to use e-ELCA themselves".



Other Factors to Consider

- IT access
- Educational time
- Increased awareness of e-ELCA and what it can be used for



Top Tips

- Making the most of e-ELCA: 10 top tips

- "Consider setting up hubs of learning for people to access e-learning in a supported environment rather than alone, at home or at their desk"
- "Use the case studies in e-ELCA sessions to generate discussion with learners or adapt to local circumstances which are more meaningful for the learner"



The Future

- New sessions
- Nursing revalidation link
- Increased communications



Activity

- Please turn to the person next to you and discuss how you will use e-ELCA in due course



Summary

- Discussed the background of e-ELCA
- Discussed how the e-ELCA programme is set up
- Talked through access to e-ELCA and went through a demonstration of how to do this
- Discussed e-ELCA learning paths and specialist content
- Reviewed the ways of utilising e-ELCA



Resources

- Contact
 - Twitter: @cmf_elca
 - richard.kitchen@nhs.net
- e-LFH hub
 - <https://portal.e-lfh.org.uk/account/logon>
- e-ELCA webpage
 - <https://www.e-lfh.org.uk/programmes/end-of-life-care/>
- APM e-ELCA page
 - <https://apmonline.org/e-elca/>



Questions?



References

- Farrington CJT. (2014) Blended e-learning and end of life care in nursing homes: a small-scale mixed-methods case study. *BMC Palliat Care*: 13: 31
- Tse CS and Ellman MS. (2017) Development, implementation and evaluation of a terminal and hospice care educational online module for preclinical students. *BMJ Support Palliat Care*: 7(1): 73-80